

Which NUTRITION CAREER PATH

Should You Choose?



NUTRITIONAL THERAPIST

You could become a Nutrition and Lifestyle Practitioner.

As a Nutrition and Lifestyle Practitioner, you can work with your ideal client to **improve their overall health through nutrition**. You'll observe, advise, and guide your clients using the knowledge and tools gained from your **level 5 Nutritional Therapist certification**, and keep your options wide open.

Work with families as a Child and Family Practitioner.

A Child and Family Practitioner works with parents to **raise awareness of how good nutrition impacts their children**. This can have a direct effect on brain development, future health, and behaviour. It also allows you to control a very narrow niche with a very broad demand for services.

ADVANCED CHILD AND BRAIN DEVELOPMENT NUTRITIONAL ADVISOR

Help athletes as a Sport and Exercise Practitioner!

As a Sport and Exercise Practitioner, you have a special skill set designed to **help athletes and those who need guidance when it comes to the best nutrition to fuel their exercise regime**. This is a great value add for personal trainers, gym owners, coaches, and anyone who wants a career supporting professional athletes!

ADVANCED SPORTS AND EXERCISE NUTRITIONAL ADVISOR

Be a Diet and Weight Loss Practitioner.

As a Diet and Weight Loss Practitioner, you're focused in **one of the most lucrative niches in the nutrition industry**. Not only do you help people achieve their weight loss goals, you can also advise them on the changes necessary to maintain these goals.

ADVANCED CLINICAL WEIGHT LOSS PRACTITIONER



Focus on gut health as a Gut Health Practitioner.

Working as a Gut Health Practitioner, you'll be able to **help clients suffering from digestive issues using practical nutritional advice**. You can work with their current routine to help them develop a plan that may improve their quality of life. You'll also **have the power to help people keep their gut in a balanced state that promotes better living through nutrition**.

Improve quality of life as a Stress Management Advisor!

As a Stress Management Advisor, **you have the power to assess your client's stress level, and to help them discover what may be causing these feelings**. Making changes to both their mindset and nutrition can have a life-changing impact. And you'll be able to serve a very satisfying niche.



Improve quality of life as a Sleep Management Practitioner

As a Sleep Management Practitioner, **you have the knowledge you need to assess a client's sleep quality**. Then, you can **make recommendations based on your observations**. This is a great option for those who want to go into corporate wellness, or who want to develop a nutrition practice that can change lives in a meaningful way.



Help clients optimise their overall health as a Detox Specialist!

As a Detox Specialist, you'll be able to **advise clients on the right nutrition to help their bodies operate in the most efficient way possible**. This is a great way to focus on your specific niche without limiting the types of people you can help.



Shed light on deficiencies as a Dietary Supplements Practitioner.

With a practice focusing on dietary supplements, you'll **be in a unique position to help clients make informed decisions about what they put into their bodies**. You'll also have the freedom to choose a niche where you can apply your skill set. This is a great option to **pair with a sports and exercise, or even weight loss career**.



Work with clients in Cancer Risk Reduction and Ageing.

As a Cancer Risk Reduction and Ageing Specialist, you'll have the knowledge you need to make a real difference in the lives of **people who want to reduce cancer risks and improve the ageing process through proper nutrition.** This is such an important niche to focus on, and one where you can create a long-term career.



Learn how to research nutrition science!



Very few people really understand the work that goes into doctoral level research. It involves a study of the methods used, and verification upon verification before it can be passed to the public as “true.” Using our **Advanced Research Techniques level 6 certification**, you'll be able to **find and qualify the latest scientific studies that could benefit your nutrition clients.**

Become a Multi-Service Practitioner and do more!

You have the ultimate gift – a desire to learn as much as possible to OWN your chosen niche. You'll need an education that gives you everything you need to address any problem and to become a full-service advisor to higher end clients.